

BENEFITS OF AROMATHERAPY

Aromatherapy - The Scent-Sational Art of Healing

Essential oils are nature's unique gift to us. They are protective, calming, uplifting, energizing etc. They are the life force of the plant. They are derived from shrubs, flowers, trees, roots, seed etc. These essential oils or aromatic oils defend plants from insects, environmental conditions & disease.

The aromatic oils or essential oils work on the whole body to restore the mental & physical balance.

AROMATHERAPY is believed to work in two ways :

- Directly by smell (smell is picked up by the sensory cells in the nose which are closely linked to the mood centers in the brain.
- By Oils, being absorbed into the skin in minute quantities. Each essential oil has its unique scent & properties. Many compliment each other – and hence, are made or created as ESSENTIAL OIL BLENDS!

For emotional health, essential oils can be diffused into the air or can be worn as a fragrance. They can be applied to the pulse points, so the scent surrounds & comforts throughout the day.

Aromatherapy is useful in balancing psychological conditions such as depression, anxiety & mental fatigue as well as contributing to general moods enhancement & stress reduction.

For women's disorders, aromatherapy can be used in forms of douches, sitz baths & for external applications for conditions such as PMS, menstrual cramps, menopause, vaginal infection, pregnancy etc.

As preventive medicine, aromatherapy is unsurpassed. Essential Oils dispersed into the atmosphere from diffuser can kill harmful bacteria & micro-organisms before they invade our body, guarding against infections.

It aids in elimination of toxic wastes through its action on the lymphatic system, circulation, liver & kidneys. Aromatherapy increases circulation & oxygenation in the skin, making it ideal beauty therapy. Essential oils, rejuvenates the skin & slows the aging process.

Try our exquisite blends of natural essential oils to enhance your mood, atmosphere, concentration & your – Overall Lifestyle.

BLENDS – For Your Personal Enjoyment

Use these blends in bath, wear as perfume or use in massage.

There is a vast difference between essential oils that simply smells good with those that are 100% pure, therapeutic grade oil.

APHRODITE Helpful in balancing body, mind and spirit. Good for depression, PMS and menopause. Created for all goddess's filled with love and beauty. (Diffuse / massage / bath)

CHEERFUL (PMS Blend) A blend to cheer & uplift the mood. For HER – to help provide relief during periods. (Diffuse/Bath/Massage)

CHRISTMAS To create a joy of festivity, especially during Christmas time. Warming oil during winter. (Diffuse)

CHARM

COMFORTING For HER. To provide pain relief during periods. A balancing & calming oil. (Massage)

FAT BURNER This blend helps tones the skin simultaneously, while burning those excess, unwanted fat / cellulite.(Massage)

FOCUS Helps in improving concentration & memory power. (Diffuse)

HAIR-CARE	A unique blend for all types of Hair problems (hair loss/dandruff/graying/ promoting growth) (Massage)
HARMONY	The need of the hour blend. This stress buster blend can help during times of stress. It helps clear the mind of thoughts and has a calming effect. (Diffuse / Massage / Bath)
LEG CARMPS	Helpful for people having painful legs & varicose veins (to be massaged in upward direction only towards the heart). (Massage)
MENTAL PEACE	A blend created mainly for meditation. Ideal during yoga.(Massage/Diffuse)
PAIN KILLER	The very name suggests its purpose. Effective blend for Muscular/ rheumatic & bone pains. Massage towards heart in one way direction. (Massage)
RELAX	An Essential oil blend that helps calm anxious minds and make you feel at ease. Very relaxing the nervous system. Do not plan to drive after using this blend. (Diffuse, Massage, Bath)
ROMANCE	A sensual & mesmerizing blend is to help create that sensual mood, it's calming and relaxing and an aphrodisiac. (Bath / diffuse / massage)
SATIN TOUCH	A fantastic & soothing Blend for all. A treat to your skin. Rejuvenates the skin, to make it look shining & feel soft & silky. (Massage)
SERINTIY	This blend is created to help us relax, calm the mind and sleep (Diffuse/Bath/Massage)
SLEEP WELL	Helps people who suffer from sleeplessness. place few drops on a tissue and place bellow the pillow or use in diffuse. Do not use this blend and drive. (Diffuse)
SPICY	A blend of Spice Oils - . To be used with caution and not to be used by people suffering from high blood pressure. Helps bring a feeling of warmth on a cold day. To be used in baths, massages and diffuses. (Massage / Bath)
SPOT-LESS	A very special blend, especially for ladies, to banish /lighten those ugly looking stretch marks on the skin. Helps to make skin soft & elastic during pregnancy. (Massage)
TIGER OIL	A century old formula with special mixture of oils to provide immediate relief from headaches, neck pains, and nasal congestion. (Massage)
UPLIFT	For HER. This blend helps tone /firm & improves the breasts. (Massage)
WINTER BLUES	This blend helps compact mood swings of depression during the winter / Rainy days. It helps uplift the sprit. (Diffuse)

Wound Healing Oil

- **Wound healing oil – for BURN wound** : Prepared from 5 important herbs used in the traditional system in a fixed oil base .Can be formulated as ointment or cream 5% to 10% w/w well suites well for burn wounds. When applied on the wound it gives a chilling effect. That's the specialty of this oil.
- **Wound healing oil – for DIABETIC wound** : Prepared from 7 important herbs used in the traditional system in fixed oil base can be formulated as ointment or cream 10%w/w well suited for diabetic wound.