

# HARA DESIGN



Certified Organic  
Cotton  
&  
Eco friendly Bamboo  
Fabric Clothing

An ISO 9001 - 2015 Company

Beach Wear, Yoga Wear, Maternity Wear  
Zafu Meditation Cushions

Islamic Wear, Beach Wear and Casual Wear

We supply to high fashion retail stores and boutiques can  
custom design your product and reproduce your designs.



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# ZAFU MEDITATION CUSHIONS

Hara round-Hara tree  
Embroidery work



hararound-lotus-wb  
Embroidery work



hara-lotusbw  
Embroidery work

Zafu Cushions Plain, Embroidery , Appliqué and Silk : includes one cover and one inner.  
Our comfortable and supportive Hara Zafu cushion provides better spine alignment and proper height for a more comfortable and deeper meditation. The Zafu makes sitting meditation easier on the knees and ankles.

Our Buckwheat Hull filling gently conforms to your body's shape and is wrapped in a strong, pure cotton twin shell .

**Sizes available : 15" x 6" and 12" x 6" . Customized sizing also done.**



Geometric design Zafu cushion



Silk/ Jacquard Zafu Meditation Cushion



hara-zblemb  
Applique work



hara-zcbpi  
Applique work



**Hara Zafu cushion are a supremely comfortable resting place from which to embark on the meditative travels of the mind/body.**

**Zafu round - Circumference - 12" , thickness 5.5" approx, also available in 15" x 5" dimensions with concealed zip on both covers. (Can be ordered to your specification, your size, colour, and we can also personalize it with your personal design that you send us).**

# Round Zafus

HDZ-415-01



HDZ-415-02



Zafu cushion round aum and lotus embroidered with buckwheat filling and easy carry on handle are popular with mediators since the cushion allows for ample support that is easily adjustable during meditation sessions.

Buckwheat hulls, an alternative natural material used to fill our zafus, are lightweight, very malleable and conform easily to a comfortable sitting position. The hulls themselves allow the cushion to breathe and so can minimize absorption of odors.

**Sizes available : 15" x 6" and 12" x 6" . Customized sizing also done.**

**Fabric : Canvas and Duck both in organic and in-organic option.**

**Includes : One outer cover (as seen) and one inner. So that the outer cover can be removed and easily washed**

# Round Zafus

HDZ-415-03



HDZ-415-04



Zafu cushion round lotus and geometric embroidered with buckwheat filling and easy carry on handle are popular with mediators since the cushion allows for ample support that is easily adjustable during meditation sessions.

Buckwheat hulls, an alternative natural material used to fill our zafus, are lightweight, very malleable and conform easily to a comfortable sitting position. The hulls themselves allow the cushion to breathe and so can minimize absorption of odors.

**Sizes available : 15" x 6" and 12" x 6" . Customized sizing also done.**

**Fabric : Canvas and Duck both in organic and in-organic option.**

**Includes :** One outer cover (as seen) and one inner. So that the outer cover can be removed and easily washed



# Round Zafus

HDZ-415-05



Zafu cushion round lotus embroidered with buckwheat filling and easy carry on handle are popular with mediators since the cushion allows for ample support that is easily adjustable during meditation sessions.

Buckwheat hulls, an alternative natural material used to fill our zafus, are lightweight, very malleable and conform easily to a comfortable sitting position. The hulls themselves allow the cushion to breathe and so can minimize absorption of odors.

**Sizes available : 15" x 6" and 12" x 6" . Customized sizing also done.**

**Fabric : Canvas and Duck both in organic and in-organic option.**

**Includes :** One outer cover (as seen) and one inner. So that the outer cover can be removed and easily washed

# Round Zafus



Hara zafu round-  
1215-01

Zafu cushion round in sacred geometric embroidered design with buckwheat filling and easy carry on handle are popular with mediators since the cushion allows for ample support that is easily adjustable during meditation sessions.

Buckwheat hulls, an alternative natural material used to fill our zafus, are lightweight, very malleable and conform easily to a comfortable sitting position. The hulls themselves allow the cushion to breathe and so can minimize absorption of odors.

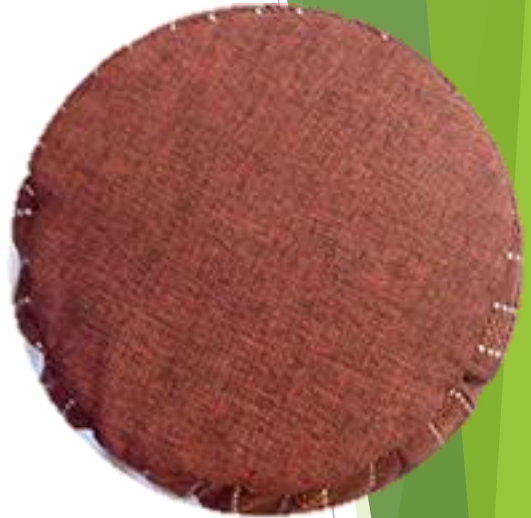
**Sizes available : 15" x 6" and 12" x 6" . Customized sizing also done.**

**Fabric : Canvas and Duck fabrics both in organic and in-organic option.**

**Includes :** One outer cover (as seen) and one inner. So that the outer cover can be removed and easily washed

# Round Zafus

HYZ-116-02



Zafu cushion in eco friendly jute fabric with zipper and buckwheat filling and easy carry on handle are popular with mediators since the cushion allows for ample support that is easily adjustable during meditation sessions.

Buckwheat hulls, an alternative natural material used to fill our zafus, are lightweight, very malleable and conform easily to a comfortable sitting position. The hulls themselves allow the cushion to breathe and so can minimize absorption of odors.

**Sizes available : 15" x 6" and 12" x 6" . Customized sizing also done.**

**Fabric : Jute.**



# Round Zafus

HYZ-116-04



Zafu cushion in eco friendly jute fabric with zipper and buckwheat filling and easy carry on handle are popular with mediators since the cushion allows for ample support that is easily adjustable during meditation sessions.

Buckwheat hulls, an alternative natural material used to fill our zafus, are lightweight, very malleable and conform easily to a comfortable sitting position. The hulls themselves allow the cushion to breathe and so can minimize absorption of odors.

**Sizes available : 15" x 6" and 12" x 6". Customized sizing also done.**

**Fabric : Jute.**

**Includes :** One outer cover (as seen) and one inner. So that the outer cover can be removed and easily washed

# Round Zafus

HYZ-116-05



HYZ-116-09

Zafu cushion in eco friendly jute fabric with zippers and buckwheat filling and easy carry on handle in thick jacquard fabric are popular with mediators since the cushion allows for ample support that is easily adjustable during meditation sessions.

Buckwheat hulls, an alternative natural material used to fill our zafus, are lightweight, very malleable and conform easily to a comfortable sitting position. The hulls themselves allow the cushion to breathe and so can minimize absorption of odors.

**Sizes available : 15" x 6" and 12" x 6". Customized sizing also done.**

**Fabric : Jute and Jacquard**

# Round Zafus

HYZ-116-08



Zafu cushion made in a combination of eco friendly jute fabric and jacquard with zippers and buckwheat filling and easy carry on handle are popular with mediators since the cushion allows for ample support that is easily adjustable during meditation sessions.

Buckwheat hulls, an alternative natural material used to fill our zafus, are lightweight, very malleable and conform easily to a comfortable sitting position. The hulls themselves allow the cushion to breathe and so can minimize absorption of odors.

**Sizes available : 15" x 6" and 12" x 6". Customized sizing also done.**

**Fabric : Jute and Jacquard**

**Includes :** One outer cover (as seen) and one inner. So that the outer cover can be removed and easily washed

# Round Zafus

YYZ-116-01

HYZ-116-07



HYZ-116-06



Zafu cushion made in a faux leather for easy wiping whenever you use it on a wet or dirty surface like grass or ground with zippers and buckwheat filling and easy carry on handle are popular with mediators since the cushion allows for ample support that is easily adjustable during meditation sessions.

Buckwheat hulls, an alternative natural material used to fill our zafus, are lightweight, very malleable and conform easily to a comfortable sitting position. The hulls themselves allow the cushion to breathe and so can minimize absorption of odors.

Filling Also available in : Kapok, polyCot, cotton and Buckwheat hull.

**Sizes available : 15" x 6" and 12" x 6" . Customized sizing also done.**

**Fabric : Leatherite. / faux leather**

**Colors : Various colors available**

**Includes : One outer cover (as seen) and one inner. So that the outer cover can be removed and easily washed**



# Round Zafus

HYZ-218-1 - REVERSIBLE ROUND ZAFUS



Faux Leather/Leatherite



Top View



YKK Zipper



Side View



Reversible Jute Side

Continued below == >



# Round Zafus

## HYZ-218-1 - REVERSIBLE ROUND ZAFUS



View of the reversible design

### Reversible zafu yoga meditation cushion faux leather and Jute combination

Zafu cushion made in one side of leatherite for easy wiping whenever you use it on a wet or dirty surface like grass or ground with zipper and buckwheat filling and easy carry on handle are popular with mediators since the cushion allows for ample support that is easily adjustable during meditation sessions.

Reversible side in Jute with Jacquard handle (as seen in picture) gives it a unique classy look

Filling Also available in : Kapok, polyCot, cotton and Buckwheat hull.

**Sizes available : 15" x 6" and 12" x 6" . Customized sizing also done.**

**Fabric : Leatherite. / faux leather and Jute with Jacquard handle**

**Colors : Various colors available**

**Includes :** One reversible outer cover (as seen) and one inner. So that the outer cover can be removed and easily washed or cleaned.



h a r a - z b  
Plain Zafu with pleats



hara- zwhemb  
Embroidered



crescent-zafu-p  
Embroidered



Crescent hara-zcbpi  
Embroidered

- Provides more surface area for your tush, which helps alleviate legs falling to sleep. Fully adjustable. Stuffing can be added or removed through the hidden opening.
- Especially good for larger people. For any sized body, this seat will make a smile come to your face.
- This size and shape and sloping angle has been said to be "perfect" by our customers.
- The crescent zafu is ideally suited to the Burmese or cross-legged position

**Filling Also available in :** Kapok, polyCot, cotton and Buckwheat hull.

**Includes :** One reversible outer cover (as seen) and one inner. So that the outer cover can be removed and easily washed or cleaned.

# Crescent Zafus Cushions



HYZ-lotus  
embroidery  
purple



HYZ-lotus  
embroidery black  
& pink



HYZ-lotus  
embroidery green



HYZ-lotus  
embroidery Olive  
green



HYZ-lotus  
embroidery royal  
blue



HYZ-lotus  
embroidery sand

- Provides more surface area for your tush, which helps alleviate legs falling to sleep. Fully adjustable. Stuffing can be added or removed through the hidden opening.
- Especially good for larger people. For any sized body, this seat will make a smile come to your face.
- This size and shape and sloping angle has been said to be "perfect" by our customers.
- The crescent zafu is ideally suited to the Burmese or cross-legged position

**Filling Also available in :** Kapok, polyCot, cotton and Buckwheat hull.

**Includes :** One reversible outer cover (as seen) and one inner. So that the outer cover can be removed and easily washed or cleaned.

# Crescent Zafus Cushions



HDZC-1116-03



HDZC-1116-05



HDZC-1116-01

- Provides more surface area for your tush, which helps alleviate legs falling to sleep. Fully adjustable. Stuffing can be added or removed through the hidden opening.
- Especially good for larger people. For any sized body, this seat will make a smile come to your face.
- This size and shape and sloping angle has been said to be "perfect" by our customers.
- The crescent zafu is ideally suited to the Burmese or cross-legged position

**Filling Also available in :** Kapok, polyCot, cotton and Buckwheat hull.

**Includes :** One reversible outer cover (as seen) and one inner. So that the outer cover can be removed and easily washed or cleaned.

# Wedge Zafus Cushions



Hara cosmic cushion



HYZ-416-02-yoga  
meditation cushion



HYZ-416-01-wedge  
meditation-cushion

Provides more surface area from your buttocks right up to your thighs which helps alleviate legs falling to sleep.

Pressure where the leg meets the buttocks can cause compression of the Sciatic nerve which often results in numb legs during or after sitting

Hara's HIGH QUALITY ERGONOMIC DESIGN helps Meditate with a better posture, in greater comfort without getting numb legs

Especially good for larger people. For any sized body, this seat will make a smile come to your face.

This size and shape and sloping angle has been said to be "perfect" by our customers.  
***Filling Also available in : Kapok, polyCot, cotton and Buckwheat hull.***



# Wedge Zafus Cushions



HYZ-416-03. Wedge yoga meditation cushion in jute fabric



HYZ-416-02. Wedge yoga meditation cushion in 100% cotton canvas

Provides more surface area from your buttocks right up to your thighs which helps alleviate legs falling to sleep.

Pressure where the leg meets the buttocks can cause compression of the Sciatic nerve which often results in numb legs during or after sitting

Hara's HIGH QUALITY ERGONOMIC DESIGN helps Meditate with a better posture, in greater comfort without getting numb legs

Especially good for larger people. For any sized body, this seat will make a smile come to your face.

This size and shape and sloping angle has been said to be "perfect" by our customers.  
*Filling Also available in : Kapok, polyCot, cotton and Buckwheat hull.*

# ZABUTONS

HYZb-116-03



hara - Plain zabuton



Zafu& Quilted Zabuton



hara-zzq



haraset

Zafus/zabutons are popular with meditators since the cushion allows for ample support that is easily adjustable during meditation sessions.

Buckwheat hulls, an alternative natural material used to fill our zafus, are lightweight, very malleable and conform easily to a comfortable sitting position. The hulls themselves allow the cushion to breathe and so can minimize absorption of odors.

The size of the zabuton is 30" x 26" x 3" . Customized sizes also done.

Filling Also available in : Kapok, polyCot, cotton and Buckwheat hull.

# ZABUTONS



haraset

HYZc-218-3



HYZc-218-1

HYZc-218-2

Zafus/zabutons are popular with meditators since the cushion allows for ample support that is easily adjustable during meditation sessions.

Buckwheat hulls, an alternative natural material used to fill our zafus, are lightweight, very malleable and conform easily to a comfortable sitting position. The hulls themselves allow the cushion to breathe and so can minimize absorption of odors.

Filling Also available in : Kapok, polyCot, cotton and Buckwheat hull.

You can make your customize set of different zafus also.

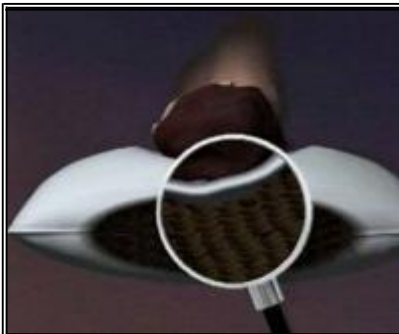
# BOLSTERS



harabolsters  
Cylindrical and rectangular shape.

## WHY BUCKWHEAT HULL FILLING?

Buckwheat hull pillows are commonly prescribed by health care professionals for the relief of neck pain, back pain, headaches, muscle tension, snoring, TMJ syndrome, cervical and lumbar subluxations, torticollis, sleeplessness, and other conditions



**Hull pillows conform to your shape.**



**Natural hulls keep you cool.**

# YOGA BELTS

Yoga Belts in 6 feet and/or 8 feet in length. And 1.5 inches width



Yoga Belts are essentially used for extending and deepening reach in yoga postures.

It helps to have the correct posture while doing the yoga exercises / asanas by providing that little bit of extra stretch and support.



# YOGA BELTS



HYAe-318-1a-velvet-yoga-meditation-eye-pillow



Silt yoga meditation eye pillow – without strap

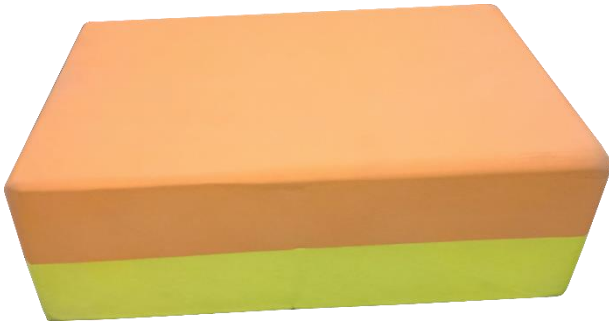
Eye pillows are used ideally for relaxation and meditation.

Filling is done in Buckwheat as it conforms to the contours of the face and settle perfectly so as not to let the light in.

# YOGA BLOCKS



HYAb-318-4a-foama-roller -  
Hard to medium firmness.



HYAb-318-3a-foam-block - Hard to  
medium firmness



HYAb-318-2 . Yoga foam block with cover and pillow  
type soft feel

Yoga block and rollers are used to comfort in doing yoga asanas where you need neck support, specially in the lying down postures, or in some cases support in sitting.

# YOGA MATS AND BAGS



Yoga Mats covers made in Cotton canvas fabric for ease of washing and carrying your mat.  
Available according to mat size.

## YOGA MATS

Yoga mats available in 4 mm/, 6 mm

Colours depend on availability.

Cotton mats also available on request.



# YOGA RECYCLE MATS



Yoga Mats hand made in Recycled fabric waste



Yoga Mats made in Cotton canvas fabric  
Available according to mat size

# Why Choose Us

We are amongst one of the leading manufacturers, exporters and suppliers of a comprehensive assortment of YOGA ZAFU MEDITATION CUSHIONS. Designed using the finest grade fabric and the latest technology, these are fabricated in compliance with international quality standards. Widely known among clients for their unmatched stitching, stylish appeal and colour fastness, these can also be customized as per their various demands.

## **Features:**

Ergonomic Design.

Excellent stitching

Unique colour combination

Custom Embroidery and printing available

Fabrics : Cotton, Twill, Duck, Canvas, Jute, Jacquard, Satin, Silk or any other fabric of your choice.

Also available **100% Organic and Eco friendly Fabric**

We make customised designs as per the requirements of our clients and the designs they give us at very nominal and affordable prices.

PEACE AND LIGHT BE WITH YOU ALWAYS