## Natural Henna Powder



### NATURAL HENNA POWDER

#### How to Apply Instruction

To Apply to Skin...

After you have made the Henna powder into a paste, place the Henna Paste in your applicator. Draw the design of your choice on the body. Apply the Henna Paste very thick, like cake decorating or puffy paint. Let the design dry and leave on for at least 4 hours. The longer you leave the Henna Paste on the darker the stain may become. Leaving the paste on for 24 hours is not uncommon. However, to continue the dark-deep staining process you must keep the Henna paste slightly moist using a mixture of lemon juice and sugar water. To apply the lemon juice/sugar water mixture to your Henna design use a q-tip or cotton ball and dab on very lightly as not to disturb the design. After the Henna is removed you may gently rinse off the remaining sticky lemon/sugar residue.

#### Maintenance

For longer life, several times daily, apply an approved Henna oil such as Eucalyptus or any Natural-herbal oil.

#### Good Luck!

# Herbal Henna For Hair



### HERBAL HENNA POWDER FOR HAIR

enna comes from a plant of the privet family, and has been known for centuries for its superb hair conditioning and coloring properties. No other substance, whether natural or synthetic, will strengthen the hair and give it shine as effectively as HENNA. The Henna plant is called "lawsonis" and is completely natural. Henna imparts both color and condition into the hair as it strengthens the outer cuticle of the hair, thus giving the superb shine, which is the unique feature of Henna.

Henna will completely cover grey but will give it a transparent covering the looks like a highlight! Henna powders are easy to apply just mix with water. to make an applicable paste and kept aside for 2-3 hours. Put on globes to save your hands from stains. Divide your hair in four sections and apply paste with brush on each from root to top evenly. Give 3-4 hours time, if you desire to dye your hair.

Rinse off thoroughly and Go!

Black Henna for Tattoo



### **BLACK HENNA FOR TATTOO**

#### How to Apply Instruction

- Empty contents of pouch into a bowl and pour water in to make the paste. Knead it well. Ensure there are no lumps. Use the paste immediately as its efficiency reduces if not applied on skin within 5 minutes.
- 2. Apply the paste on skin where desired.
- 3. Let the paste go completely dry.
- 4. Now wash with water and soap.
- 5. This product is for external use only. It should not be used for dying eyelashes or eyebrows. Do not use on bruised skin or on places where skin is cut. Keep out of reach of children.

#### Patch Test

To test allergy, first apply the paste within inside your elbow and let it dry for some time. Now watch for any reaction. In case of reddening, burning or itching do not use the product otherwise go ahead and safely use Black Tatoo Henna.

# Fast Acting Herbal Hair Colors





## FAST ACTING HERBAL HAIR COLORS

#### How to Apply Instructions

#### **Available Colors**

Herbal Orange, Herbal Red, Herbal Copper Brown, Herbal Mahogany

#### For Application on Skin (only for Herbal Red)

- 1. Mix Henna Powder in luke warm water. Do not mix anything else except water. Make an applicable paste and apply the paste immediately.
- Before decorating, wash body parts of your body with soap. Apply the paste on clean hands, feet or any other area where you wish to make a design or tattoo.
- 3. Wait until the paste dries completely.
- After it completely dries, remove the henna paste with tissue paper or towel.
- 5. After removing the dry henna paste, apply any skin cream or oil on the decorated parts of your body and leave it for 30 minutes.
- 6. After that wash finally with plain water. Avoid using soap on the decorated parts of your body for another 2 hours to get maximum color.

#### For Application on Hair (for all colors)

- 1. Mix Henna Powder in luke warm water and make an applicable paste.
- 2. Put on surgical gloves to save your hands from stains.
- 3. The paste has to be applied on hair immediately after mixing with water.
- 4. Divide your hair in four sections and apply paste on each from root to top evenly.
- 5. Give 45 minutes time.
- 6. Rinse off thoroughly.

# 100% Natural Hair Colors





## **100% NATURAL HAIR COLORS**

#### How to Apply Instructions

#### Natural Henna Powder (for hands & feet)

- Soak pure henna in luke warm water for 2 hours.
- Add some lemon juice to the mixture.
- Clean the part of the body where henna is to be applied and apply henna oil.
- Make attractive designs on hands and feet with the help of cones.
- Let the paste be applied for 2-3 hrs.
- Now wash the henna with water and apply some henna oil.

#### Natural Black/Dark Brown/Brown/Light Brown/Indigo hair colors

- Soak Natural Hair color Henna in luke warm water to make an applicable paste.
- Apply the paste immediately on hair. Put on surgical gloves to save your hands from stains.
- Divide your hair in four sections and apply paste on each from root to top evenly.
- Give 3 hours time. Rinse off thoroughly and use hair dryer for 10-15 minutes to get better results.

#### Please note that the color imparted to hair by these colors darkens until 48 hours from application so final color will be obtained after 48 hours.

All Herbal hair colors give color on grey hair only.

E-mail: crystalindia@bol.net.in

## Herbal Henna Hair Colors





### HOW TO APPLY HERBAL HENNA HAIR COLORS

Henna is a natural product the oldest hair dye known to exist. It makes hair shinny, soft and healthy, adds to hair growth and gives body and texture to all hair types.

#### Test

First, always do a hair strand test. It allows you to see the color results. Color results depend on your hair color and hair treatment history. Choose a strand of hair in the back or underneath and mix and apply a spoonful of mixed henna. Leave on for 1-3 hours checking every " hour for the color you are wanting to achieve.

#### How to Mix

People with shoulder length hair or longer should use the whole 100 grams of powder found in one pack. Cut this in half for shorter hair. No pre-wash is required you can apply it directly to dry hair. Put Henna powder in a plastic bowl. Add water to powder little by little to obtain the consistency of cake batter. Adding a few drops of lemon juice will help the dye properties release to stain better. Stir the paste until smooth, mashing out all lumps. Let the paste sit for 1-2 hours before using as this will help the rest of the lumps paste sit for 1-2 hours before using as this will help the rest of the lumps dissolve and help you to get the maximum staining power of the Henna. Using plastic gloves (the henna stains your hands, clothes, towels) scoop the paste up with your hand and cover the hair from root to ends. Be careful not to get any on your face, use petroleum jelly around the edges of your face to insure that the henna does not stain the face. Cover your head in plastic warp or shower cap to keep the heat in. If you do not have either of these items you can use on old towel. Allow the Henna to stay on your hair 1-3 hours depending on the how long it takes to achieve the right color. (rely on the strand test) You can leave henna on your hair longer if you need to. When ready, wash the paste out with warm water until the water runs clear and there is no residue on the clean towel. This will take a few minutes so be patient. Do not leave any henna in your hair or it will be hard to comb through. Use a moisturizer or conditioner and proceed to dry and style your hair as usual.

Some things to know about hennaing your hair:

- 1. Henna wears out slowly it can last for up to 6 months, it fades out gradually. You can re-henna every 4 weeks to cover gray and for conditioning and shine.
- 2. Henna does not lighten hair. Henna provides beautiful highlights to all hair colors.
- 3. If you find the color you have chosen is not dark enough after applying you can use another pack to darken your hair one shade darker. Henna colors can also be mixed and matched to achieve the exact color you want.
- 4. Remember, the precise color results you obtain when using

henna are determined in part by the color of the hair to which the henna is applied, body chemistry, hair history, how long you leave the henna on and the color henna you choose to apply.

5. Henna highlights gray hair beautifully.

## Henna Tattoo Paste Tube



Apply Henna is an Art and is not as easy as just drawing on the skin with a magic marker. To help you obtain good results we have prepared this help sheet. Please read carefully and follow directions precisely. If you do not achieve the desired results the first time do not give up! Practice, practice practice... Have fun and GOOD Luck!

#### How to Apply Tattoo Paste Tube or Cone

Put on Latex Gloves. Before opening tube shake & massage vigorously so contents blend together 1-2 minutes. Attach the supplied white dispenser tip snip the end and squeeze contents of tube. To start simply draw the design on the skin as if you were decorating a cake or applying "puffy paint." Put the Henna Tattoo paste on very thick... It takes a good amount of paste to dye the skin. If the Henna is very thick you can add a few drops of rubbing alcohol (not water). Mix this well using a toothpick then shake the tube. When you apply henna to the skin it should be thin enough to spread ever so slightly but not too thin or it will run into the cracks of the skin. If your Henna is to thick it will clog the bottle and will not absorb into the skin once applied but rather lay on top of the skin which results in blotchy tattoos or poorly stained tattoos.

#### Tattoo Care

After applying the tattoo design, the paste will take approxi-

mately 15-30 minutes to dry to the touch. You should leave the paste on at least 30 minutes and may leave it on longer if you choose. Leaving the paste on longer helps produces a longer lasting stain! When completely dry, the Paste will not appear as raised (puffy) but will now have a dry crusty look and feel. There are to ways to remove the Henna paste. You may CAREFULLY PICK the dry Henna off, preferably over a trash can so that you do not get the dry paste on yourself, clothing, or under your fingernails. Be careful not to get the dry paste on the grounds as it will stain. You can also wash the paste off under running water it takes a few minutes to get all the paste off, however you must let the water do the work takes a few minutes to get all the paste off, however you must let the water do the work since if you rub the paste under water it may smear. So again, let the water do the work. Lightly pat the area dry. WHAT WILL REMAIN IS A BEAU-TIFUL TATTOO STAINI

#### To Maintain Your Tattoo

The Henna Tattoo will last from several days to two weeks. The Tattoo begins to fade slowly as your skin dries out and flakes away (exfoliate) For a longer Tattoo life, keep your skin moisturized with and lotion or oil. Do not scrub your Tattoo! Chlorine is your tattoos enemy so when swimming or bathing use Vaseline or Chap stick to protect your tattoo from drying out. So remember to moisturize, moisturize, moisturize....Enjoy!

### Tips

- The harder you squeeze the Tube bottle the thicker your line will be.
- If paste is too thick to flow freely add a drop or two of isopropyl Rubbing Alcohol.
- Use a pin to unclog applicator tip and keep the pin in the tip when not in use.
- If paste is too thin open tube and discard a small amount of liquid dye (drain off) If paste is still too thin, place in refrigerator overnight.
- Shake Tube between use to keep contents blended together.
- Do not move the paste around once you apply it to the skin leave it alone.
- To keep your Tattoo alive, you can keep touching it up as it begins to fade.
- Shelf life of Paste is approximately 1 to 2 years.... You may refrigerate to extend shelf life of paste.
- Keep cap on the tube and bottle when not in use so the paste will not dry up.

# Natural Henna Powder



### HOW TO "MIX" AND APPLY NATURAL HENNA POWDER...

#### Making the Henna...

To fill one applicator bottle place 3 tablespoons of Henna powder in a glass or metal bowl cone (the powder will stain plastic, ceramic or wood). In a separate pot boil about 1 cup of water and add 2 tea bags to the boiled water. Let the tea steep for about 10 minutes. Add a few drops of the tea a little at a time until the paste is the consistency of toothpaste. Add 1-2 drops of freshly squeezed lemon juice or pre mixed lemon concentrate the Henna powder (you can use rubbing alcohol if no lemon is available). Next add 1-2 drops of Henna Oil the oil is used to hold the paste together and to help hide the smell as henna powder doesn't smell the best. At this point you can add a few more drops of tea if needed. The paste should now be the consistency of cake batter. Cover and let the freshly mixed Henna ferment for about 2-4 hours, the longer it sits the more the lumps will dissolve. Let sit overnight if possible.

#### To Apply to Skin...

Place the Henna Paste in your applicator bottle (put paste into a baggie then squeeze it into the bottle). Draw the design of your choice onto the body. Apply the Henna Paste very thick, like cake decorating or puffy paint.

Let the design dry slightly, now to continue the dark-deep staining process you must keep the Henna paste slightly moist using a mixture of lemon juice and sugar water. To apply the lemon juice/sugar water mixture to your Henna design use a q-tip or cotton ball and dab on very lightly as not to disturb the design. You can also put the mixture into a spray bottle and lightly spray. The longer you leave the Henna on the darker the stain, but you must keep the Henna slightly wet. If your Henna dries completely it cannot be staining the skin. Leaving the wet paste on for 4-6 hours is the average time to acquire a dark stain. Henna is heat activated and the warmer you can keep the skin the darker the stain, try using a hair dryer or sitting in the sun.

After you have allowed the Henna to dry, scrape the Henna off with your finger. After the Henna is removed you may gently rinse off the remaining sticky lemon/sugar residue.

#### Maintenance

For longer life, several times daily, apply an approved Henna oil such as Eucalyptus or any Natural-herbal oil, baby oil is fine too! Some people use liquid bandage or new skin after the paste has come off. This will protect the tattoo from fading and may help it last longer but is not necessary.

#### Good Luck!

History of Henna



The history of the body painting with henna dates back to about 5000 years. Egyptians used to color the fingernails and hair of the deceased with henna, before they were mummified. In the 12th Century henna arrived in India along with the Moghuls. Particularly famous is a mixture made from henna and aromatic oils, used by the Rajputs of Mewar (also known as Udaipur) in Rajasthan, for adornment of hands and feet.

Only with time body painting with henna in India attained its actual cultural meaning. After it was predominantly used by the realms and members of the dominant families, it enjoyed large popularity soon with the common people. Servants, who had learned the art to paint hands and feet of princes and princesses (by fine silver or gold sticks) were greatly demanded by the people of cities and village. With the increasing demand came the production of Mehndi, prescriptions, different procedures of laying it as well as the ornamentations even more refined and more thought out. In the Persian art, particularly on miniatures from 13th and 14th Century, representations of wedding can be seen with the participating dancers and women's hands adorned with Mehndi ornamentations . It is assumed that henna in the glowing heat of Arabia was probably laid on the skin because of its refreshing characteristics. In due course Mehndi won increasingly in meaning with the cultures of the middle east, Asia and Africa. It always serves only one purpose and that is to decorate and adorn. But each culture developed its own singular samples, native material samples, local architecture, nature and non-standard cultural experiences. In southern India a filled set sample is applied on the palm, so that they look as if they would have been dipped into henna. This sample is preferred particularly by the older ones, because it is to be made very simple and without only aids. It is also the sample, which is found in the classical South Indian dance. In North Africa however one prefers extremely artful designs such as butterfly or motives of fish. Such designs look life a point glove, since the ornamentations are carefully painted around the main motif. Beyond that, one avails oneself of also traditional symbols of Doli or Palki, a type of handwagon, in the times before motorizing, used for transporting the bride of its house to the house of partents-in law.

The ornamentations common in Pakistan as in the north of India are hardly differentiated by the layman. The samples of both traditions arouse the impression of a point veil put over the skin. In truth, the ornamentations of Pakistan are however the result of a fusion of the North Indian mark style with Arab motif's flowers and geometrical samples, which have their root in the Islam. In the Arab, samples cover almost the whole hand and pull themselves up to the fingernails, which are colored dark with henna. The ornamentations used in the Sudan are remarkably wide. The floral motifs with geometrical forms are up-painted normally with black henna.

#### Mehndi as Wedding Decoration

In the wedding traditions of the Orient, Mehndi plays a crucial role. A wedding without painting of hands and feet of the bride

is hardly conceivable. In the evening, when the Mehndi is laid on, all friends and female relatives of bride meet, in order to celebrate. They sing the traditional Mehndi songs, in which it concerns luck and benedictions.

The custom of the Mehndi evening is also of significance in the Gulf region of Saudi Arabia, Bahrain, Kuwait and the United Arab Emirates. The celebration which takes place in these countries some days before the wedding has a remarkable similarity with the celebrations in the Indian culture. While hands and feet of the bride are getting painted, the mothers and grandmothers of the bride sing the traditional Mehndi songs, in which the future of the bride is painted. In some religions the Mehndi ceremony has such a great importance that its flow rules follows. The function of painting begins only in the mother-in-law laid the first Mehndi point on the hand of the bride. Common is the faith that the intensity of the color of the Mehndi is connected with the love brought by the family of the bridegroom.

The tradition designates that into the Mehndi Tattoos of the bride the name of the bridegroom is inserted, which he must look up them, which can take several hours. Occasionally, the hands of the bridegroom are decorated, and in some regions of Kashmir and Bangladesh there are even special ornamentations, which remain reserved for the men.

In Europe on the west, the trend goes at present, to decorate oneself with tattoo rings, motifs, belly decorations, bracelets etc. of traditional nature.

## Henna Paste Tube Kit-Tattoos



## HENNA PASTE TUBE OR CONE KIT

his is natures gift to protect and decorate the hands, feet and any part of the body our Henna Paste is used for body Tattoos.

#### How to use our Henna paste

- Clean your skin with soap wherever henna paste is to be used
- Apply Henna oil on the are to be Tattooed with the help of a cotton swab.
- Remove the cap of the tube and fix nozzle on its mouth, which is already with the tube thin hole nozzle will give you very fine design with our henna paste.
- Press the tube of our henna paste slowly and evenly on the desired area of your body to make design or fix the tattoo on your desired area of body.
- While making designs, if our henna paste suddenly stops coming out from the nozzle. Clear the hole of nozzle with a needle so our henna paste starts flowing out again.
- Apply a Blend of Lemon Juice, Sugar or Clove oil as additional fixatives on henna design.
- After having decorated your body area with our henna paste, let it be dried thoroughly and when its dried, peel it off from the applied area or remove the tattoo and watch the beautiful designs made by you.
- Tattoo and watch the beautiful designs made by you.

You are required to keep henna paste tube in a cool place to keep it's quality unaffected

E-mail: crystalindia@bol.net.in

## Henna Powder Kit-Tattoos



## HENNA POWDER KIT-TATTOOS

his is nature's gift to protect and decorate the hand, feet and any part of the body our henna powder is used for body tattoos.

#### How to use our Henna Power:

- Put the Henna Powder in a bowl and mix with required water unit the consistency becomes tacky.
- Clean your skin with soap wherever Henna Powder is to be used.
- Apply Henna Oil on the area to be tattooed with the help of a cotton swab.
- Then put henna paste in a cone or in applicator bottle and draw the require design or fix our tattoo on your skin and make design on your desired part of body. Keep the henna on skin as long as you can stand it. This ensures dark color on your body.
- Apply a Blend of Lemon Juice, Sugar or Clove oil as additional fixatives on henna design.
- After having decorated your body area with our henna mixture. Let it be dried thoroughly and when it is dried, peel it off from the applied area and watch the beautiful designs made by you.
- Lastly, wash your hand with water.

You are requested to keep henna powder in a cool and dry place to keep it's quality unaffected.

E-mail: crystalindia@bol.net.in

## Herbal Henna Powder Kit-Hair





## HERBAL HENNA POWDER KIT-HAIR

his is nature's gift to protect your hair and has therapeutic use our herbal henna powder is used for hair color and gives coolness to hair

#### How to use our herbal Henna powder:

- Put our Herbal Henna powder in a bowl and mix with required clean water until the consistency becomes tacky and keep for one hour and mix a few drops of lemon juice or tea.
- Apply the paste from the root to the top of the hair with the help of a comb, leave no hair untinted. After applying the paste completely cover the hair with henna cap.
- Let it be dried, after two hours then wash with clean water, use shampoo on the same day. It gives black brown color to your hair.
- Our Herbal Henna powder is specially useful for every type of hair. It also has therapeutic use and gives cool effect to your scalp.
- In winter apply our herbal henna powder mix either with an egg or one teaspoonful of coffee/tea.

You are requested to keep henna herbal powder in a cool and dry place to keep its quality unaffected.