



PRAKRITI

Ayurveda is an ancient science of keeping our body, mind and soul healthy. It lays the foundation of many different health systems developed in the world. It is believed to be first told by brahma to the rishis. Rishi *Charak*, *Sushrut*, *Vagbhatt* etc. were some *vaidya* of the *kali yug* era which have contributed a lot in transferring this ancient knowledge to the modern Bharat from rishi *Dhanvantri*, *Shiv- Parvati*, *Brahma* and *Ashwin kumars* etc.

Ayurveda lays more stress on daily lifestyle (*Dincharya*) to keep one's self healthy but when diseases gets invaded, purification of body, intake of aushadhis and fortification of body through *rasayans* becomes necessary for complete recovery.

At PRAKRITI we strive to make the body pristine as it used to be when the food, air and water used to be clean and healthy. For the purpose our Indian Cows are the greatest source of divinity and health essential for mind, body and soul. Their *gavyas* are capable of purification (*shodhan*) and fortification (*rasayan*).

PRAKRITI started in 2017, which aims to revive the power of Ayurveda and Natural food to once again bring health to people and environment.

We bring you authentic ayurvedic aushadhis and natural food product which will bring a healthy change in your lifestyle. We also provide yog practices to our customers/ patients who are willing to cure their mental and physical ailments through a natural way. PRAKRITI is a GMP and FSSAI certified organization. It has approval from Ministry of AYUSH to manufacture ayurvedic medicines. Our organization is dedicated to manufacture our products from aged old method as prescribed in texts to make high quality products.

Our Partners:-



Contact us :-

PRAKRITI Nutanvann Gausadan, Nagla ghanshyam, Pahasu, UP-203396

Mob. - +91- 8700907337, Whatsapp- +91-9990551429

Email-id :- pristineprakriti@gmail.com



SHOP AT PRAKRITI.CARE



PRAKRITI PRODUCTS

WWW.PRAKRITI.CARE



DESI COW BILONA GHEE

Desi ghee made from desi cow milk through traditional bilona method of churning curd to makkhan and then heating to get pure ghee. Tasty and Healthy at the same time.



Rs. 1355 /500ml

TAKRARISHTHA

Made from desi cow buttermilk, harad, ajwayan, amla, kali mirch and panchlavan.

Useful in constipation, IBS, Piles, bloating, gastric trouble, prameh and liver disorders.

Dosage : 10 - 15ml with equal quantity of water after meals twice a day

Rs. 250/450mL



GOMUTRA ARK/ MEDOHAR ARK

Made from desi cow urine and kesar according to Ras tantra saar evam siddhprayog

Useful in obesity, liver disorders, constipation and vaat disorders

Dosage : 10 - 15ml with equal quantity of water before meals twice a day.

Rs. 150/450mL

CHYAWANPRASH

Made from desi cow ghee, desi khand, 100% amla, raw honey and 35 other aushadhis.

Useful in enhancing memory, strengthens heart and is a rasayan to the body.

Dosage : 10 - 15gm with warm milk twice a day.

Rs. 680/450gms



SHOP AT PRAKRITI.CARE



KACHNARADI ARK

Made from Kachnar, Saunth, Jatamansi and Gaujal.
Useful in Hypothyroidism and cysts.

Dosage : 10 - 15ml with equal quantity of water before meals twice a day.

Rs. 190/450mL



GILOYADI ARK

Made from Giloy, neem, tulsi and Gaujal
Useful in diabetes, skin infections, fever, cough and cold.

Dosage : 10 - 15ml with equal quantity of water before meals twice a day.

Rs. 190/450mL



PUNARNAVADI ARK

Made from Punarnava, makoy, varun chal, pashanbhed, gokhru and Gaujal.

Useful in enlarged liver and spleen, fatty liver, kidney related disorders, renal stones. Promotes rejuvenation in body.

Dosage : 10 - 15ml with equal quantity of water before meals twice a day.

Rs. 190/450mL



PANCHGAVYA GHRIT

Made from desi cow ghee, desi cow milk, curd, gomaya and cow urine.

Useful in apasmaar, migraine, brain tumours, nose bleeding, sleeplessness, mental disorders.

Dosage : 5-10g with warm milk. 4-5 drops in each nostrils twice a day

Rs. 230/30mL



GILOYADI GOMUTRA CAPSULES

Made from Giloy, neem, tulsi and Gomutrakshar.
Useful in diabetes, skin and respiratory related disorders.

Dosage : 1 capsule with warm water after meals twice a day.

Rs. 390/90tab





TEJOMAY MRIDA

Facepack made from Multani mitti, geru mitti, neem, aloe vera, haldi, til oil and capoor.

Useful in pimples, acne, black patches. Gives uniform glow to skin and fights skin infection.

Dosage : Take 3-5g powder and mix with gulab jal/ milk and apply as facepack. Leave it for 10 mins and then rinse with water.

Rs. 95 / 75g

AMRIT DHARA

Made from desi capoor, peppermint oil and ajwayan sat.

Useful in pain and swelling in muscles, headache, stomach pain, cough and cold.

Dosage : Take half drop of amritdhara oil in a glass of warm water for cold and stomach pain. Apply on head or pain effected area and massage gently.

Rs. 85/5mL



GULAB ARK

Extract made from Indian variety of rose.

Useful in acidity, prameh, excessive heat in body. A good face toner

Dosage : Take 4-5ml gulab ark with equal quantity water for internal intake and apply on face for skin toning.

Rs. 80/120mL

DANTSURAKSHA

Made from Lavang, Dalchini, Haldi, Neem, Babul, Rock salt, Black Salt, Desi camphor, peppermint, ajawayan sat, sphatic bhasm, bhasm and samudri jhaag.

Useful in bleeding gums, sensitivity, plaque, bad odur. Makes teeth and gums strong and refreshes mouth. For oral care.

Dosage : Take 4-5g of powder and massage gently with middle finger on tooth and gums. Leave for 3-4 mins and then rinse with water.

Rs. 95/65gm



PEEDAHARI TAIL

Made from til oil, jayphal, javitri, ashwagandha, garlic and 14 other herbs.

Useful in muscles and joint pain. Removes muscular distress,
Dosage : Take 4-5ml oil and massage gently over the affected area.

Rs. 185/100mL





SHATDHAUT GHRIT

Made from desi cow ghee washed 100 times with water in a copper utensil.

Useful in piles and skin infection. Good moisturizer for skin.

Dosage : Take 4-5ml oil and massage gently over the affected area.

Rs. 300/20gm

NAITRAY

Made from punarnava, neem, tulsi, amla, dhaniya, gulab ark and gaujal.

Useful in eye related disorders and refreshes eye.

Dosage : Put 2 drops in each eye twice a day.

Rs. 60/10mL



GOMUTRAKSHAR CHURN

Made from Gomutrakshar, lavang, harad and saindha namak.

Useful in shwas-kaas, liver and stomach related disorders.

Dosage : Take 2-3 gm churn after meals with warm water.

Rs. 150/60tab

KESH OIL

Made from til oil, gudhel, brahmi, bhringraj, amla, methi, curry leaves, neem etc.

Useful in hairfall, thin hair, scalp infection, alopecia. Promotes hair growth and gives strength to hairs.

Dosage : Use hair oil on clean scalp. message gently on roots and leave it for an hour. Can also be used for daily oiling.

Rs. 190/100mL



PUNARNAVA ARK

Made from punarnava roots through distillation.

Useful in liver and kidney related disorders.

Dosage : 10-15mL of ark with equal quantity of water before meals twice a day.

Rs. 120/450mL



MEDICATED GHEE



PHAL GHRIT

Made from desi cow ghee, shatavar, desi cow milk, triphala, guduchi, sonapatha, daruhaldi, haldi, rasna, punarnava etc.

Useful in yoni and shukra vikar, treats infertility.

Dosage : 6-12gm of phal ghrith with warm milk twice a day

Rs. 750/100gm

SHATAVAR GHRIT

Made from desi cow ghee, shatavar and desi cow milk.

Useful in arthritis, gout, lowers uric acid in body. Helps in increasing stamina of body.

Dosage : 6-12gm of ghrith with desi khand and warm milk twice a day

Rs. 750/100gm



ARJUN GHRIT

Made from desi cow ghee and arjun.

Useful in all heart diseases, lowers down cholestrol, stops palpitations, gives strength to heart, relives from heaviness in heart.

Dosage : 6-12gm of ghrith with warm milk twice a day

Rs. 650/100gm

TRIPHALADI GHRIT

Made from desi cow ghee, triphala, goat milk, draksh, shatavar, vasa, guduchi, bhrinraj, mulethi, neelkamal etc.

Useful in all eye disorders, helps in hair growth and improves digestion while reliving from constipation.

Dosage : 6-12gm of ghrith with warm milk twice a day

Rs. 750/100gm



BRAHMI GHRIT

Made from desi cow ghee, brahmi, shankpushpi, vach and kut.

Useful in all brain related disorders, epilepsy, weak memory and grah badha.

Dosage : 6-12gm of ghrith with warm milk twice a day

Rs. 750/100gm





ASHWAGANDHA GHRIT

Made from desi cow ghee, desi cow milk and ashwagandha.

Useful in nervous system problems, all types of weakness, insomnia and oligospermia.

Dosage : 6-12gm of ghrith with warm milk twice a day

Rs. 750/100gm

PUNARNAVA GHRIT

Made from desi cow ghee and punarnava.

Useful in liver and kidney related disorders, cancer and blood disorders. Promotes rejuvenation in body.

Dosage : 6-12gm of ghrith with warm milk twice a day

Rs. 650/100gm



GILOYADI GHRIT

Made from desi cow ghee, giloy and desi cow milk. Useful in diabetes, skin diseases, prameh and gout.

Dosage : 6-12gm of ghrith with warm milk twice a day

Rs. 600/100gm

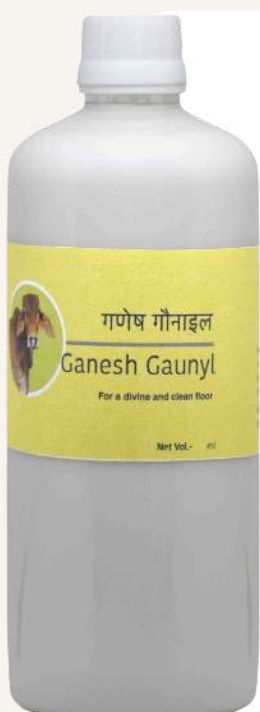
GUGGLUMAHATIKT GHRIT

Made from desi cow ghee, shudh guggul, neem, vasa, patol, manjishtha etc.

Useful in skin diseases, digestion disorders.

Dosage : 6-12gm of ghrith with warm milk twice a day

Rs. 650/100gm



GONYL

Made from gomutra ark, pine oil and pleasing fragrance.

For daily floor cleaning. Pure organic and harmless floor cleaner. Also available in bigger packaging for corporates.

Direction : 2-4 caps of phenyl in 10-15 liter of water.

Rs. 60/500mL



PUNARNVADI GOMUTRA CAPSULES

Made from Punarnava, triphala, makoy and Gomutrakshar.
Useful in liver and kidney related disorders.

Dosage : 1 capsule with warm water after meals twice a day.



Rs. 390/90tab



TRIPHALA CHURN

Made from equal quantity of Amla, Baheda and Harad.
High quality churn with low moisture and dust percentage.

Dosage : 4-8 gm churn with warm water or milk or as directed by vaidya.

Rs. 105 /100gm